

## Summer/Fall 2001 Newsletter

Inside this newsletter, you'll find our course descriptions and calendar for the summer and fall of 2001. After a busy spring, Penny and I are going to take a break from teaching this summer to prepare for major matches, including the Steel Challenge and the USPSA Limited and Open Nationals. During the summer, Tom Schaefer will continue to offer CHL classes, and the rest of our instructor staff will be available for Basic Pistol, Basic Rifle, and Refuse to be a Victim courses on a private or group basis.

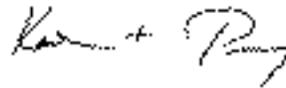
We're looking forward to InSights' visit in May, when they will offer their excellent 2-day Unarmed Self Defense course and 5-day Close Quarter Combatives course (which includes the Unarmed Self Defense class). The CQC course truly "puts it all together," and integrates unarmed, knife and firearm skills during the last 3 days of the course. CQC is highly recommended for anyone who has been through our Advanced Training program and/or other tactical shooting schools.

Our next Home Defense Tactics course is scheduled in June. During this small group course, taught on a weekday evening in a student's home, you'll learn how to assess your home's weak spots, as well as techniques for using firearms, home lighting, and flashlights to deal with a variety of tactical situations. The course will include "hands on" training in building search techniques.

In late August, we'll offer another NRA instructor training course, for Home Firearm Safety, Pistol and Personal Protection. In October we'll introduce a new AT-level pistol course (AT-IV). Gabe Suarez will be in town in December to teach Tactical Advantage, a course which includes "street and vehicle" and 2 person team tactics, with both live fire and scenario based training.

In January 2002, Wendell Joost will return for Defensive Shotgun I and a new Shotgun II course.

As always, we look forward to training with you. If you have questions, feel free to contact us at the address, phone number and email addresses in the newsletter. See you in class!



### CLASS SCHEDULE

**CHL (new permit) – May 12, Jun 9, Jul 14, Aug 11, Sep 8, Oct 13, Nov 10, Dec 1** Schaefer, \$130.

**CHL (renewal) – May 19, Jun 23, Jul 28, Aug 25, Sep 22, Oct 27, Nov 17, Dec 15.** Schaefer, \$65.

CHL courses are taught at the Schaefer Training Academy, south of the Austin Bergstrom Airport.

**NRA Reloading Course – April 25.** Contact us for more details.

**Women's Pistol – May 5.** Penny Riggs, 1-5 pm, Sanborn Shooters, \$50.

**Beyond the Basics – May 6.** Karl Rehn, 1-5 pm, Sanborn Shooters, \$50.

**Beginning Rifle/Shotgun – May 5, 6.** 5-6 pm. Sanborn Shooters, \$25.

**Unarmed Self Defense – May 19-20.** Greg Hamilton, John Holschen (InSights), \$300.

**Close Quarter Combatives – May 19-23.** Greg Hamilton, John Holschen (InSights). \$750.

**Home Defense Tactics – Jun 13.** Michael McMillan/Karl Rehn, 6-10 p.m., student residence, \$50.

**NRA Home Firearm Safety, Pistol and Personal Protection Instructor Training – Aug 25/26** Rehn/Riggs, Austin, \$225.

**Basic Pistol – Oct 6, Nov 3.** William Quiles, 10 a.m. – 3 p.m., Austin Rifle Club, \$50.

**Beyond the Basics – Oct 13.** Karl Rehn/Penny Riggs, 1 – 5 p.m. Sanborn Shooters, \$50.

**Advanced Training IV: Extreme Pistol – Oct 14.** Karl Rehn/Penny Riggs, 10 a.m. – 4 p.m. Sanborn Shooters, \$75.

**Tactical Advantage – Dec 1-2.** Gabe Suarez, 8 a.m.-5 p.m., Sanborn Shooters, \$320.

**Defensive Shotgun I – Jan 12.** Wendell Joost, Sanborn Shooters, \$100.

**Defensive Shotgun II – Jan 13.** Wendell Joost/Karl Rehn, Sanborn Shooters, \$100.

Check our web page or contact us for more information on these or other courses.

# SUMMER/FALL COURSE DESCRIPTIONS

**Refuse to be a Victim.** This three-hour seminar is about awareness and prevention of criminal confrontations, and how to integrate common-sense safety strategies into your own lifestyle. \$15.

**Basic Pistol, Women's Pistol, Basic Rifle.** These four-hour courses are intended for people with little or no shooting experience. They cover basic safety, gun parts and operation, and fundamentals of marksmanship. Taught by William Quiles at the Austin Rifle Club, Penny Riggs at Sanborn Shooters, and by staff instructors for individuals and groups upon request. \$50, additional fees for gun rental and ammunition if needed.

**Beginning Rifle/Shotgun.** This is a one-hour course, taught immediately following Basic Pistol, Women's Pistol, or Beyond the Basics, that includes some basic instruction and range time with rifles and shotguns. \$25. Tuition includes gun rental and ammunition cost.

**Beyond the Basics: Pistol.** This four-hour course is intended for handgun shooters who want to improve their performance. Students will get individual correction on grip and stance, and learn trigger control techniques that increase speed and accuracy. Students should bring their own handgun, a belt holster, eye and ear protection, and a minimum of 150 rounds of ammunition. Taught by Karl Rehn at Sanborn Shooters. \$50.

**Home Defense Tactics.** This four-hour course deals with self defense while at home. This class will be conducted with non-firing dummy guns in a residence, and students will participate in roleplaying exercises simulating various threats including some in low light conditions. Course will be taught by Michael McMillan. \$50.

**NRA Reloading.** This one day course covers the basics of reloading. Course will be taught by John Kochan. Contact John Kochan at john@krtraining.com for more information.

**Concealed Handgun License.** A one-day (10 hour) course meeting the state requirements for training for the Texas CHL. \$130.

**Concealed Handgun License Renewal.** A four-hour course meeting the state requirements for training for the Texas CHL. \$60.

Our CHL courses are offered monthly by Tom Schaefer at the Schaefer Training Academy. Courses include classroom, range, notary, photos, fingerprints, and all services required to prepare your packet for submission to DPS.

**NRA Instructor and Range Safety Officer Certification.** This two-day course will certify students as NRA instructors in Home Firearm Safety, Pistol and Personal Protection. \$225. Taught by Karl Rehn and Penny Riggs at Sanborn Shooters.

**Advanced Training IV: Extreme Pistol.** A six-hour class of intense drills and live fire scenarios, shot from concealment. Our highest stress, maximum speed defensive handgun course. Completion of AT-I or similar course, IDPA/IPSC experience, or instructor approval required. This course will be taught by Karl Rehn at Sanborn Shooters. \$75. Limited to 8 students.

## COURSES TAUGHT BY ADJUNCT INSTRUCTORS

**Unarmed Self Defense I.** A two-day course. This is a coherent system of techniques selected for their simplicity, effectiveness, and ease of learning, similar to those taught to the Army Rangers. Topics include: Combat mindset. Natural body weapons. Striking principles. Vital target selection. Control of space, time, and distance. Defense against punches and kicks. Defenses against hold, grabs, arm bars, and bear hugs. Also included are ground fighting and defense against multiple attackers. Students will progress from doing techniques "in the air", against striking bags, to doing them against a fully padded attacker. Course will be taught by John Holschen of InSights Training. \$300.

**Tactical Advantage.** A two day class taught by Gabriel Suarez based on his Tactical Advantage book. Course includes live fire and scenario based training for individuals and two person teams. Highly recommended for those with prior tactical training from us or other schools. Mr. Suarez is a prolific author on tactical training, a Southern California law enforcement officer and nationally known trainer. \$320. Sanborn Shooters.

**Defensive Shotgun I.** A one-day class. Includes standing and kneeling positions, right- and left-handed shooting, shooting from behind cover, shooting at multiple targets, shotgun malfunction drills and generally developing proficiency with the shotgun under stress. Tuition includes a copy of Massad Ayoob's Stressfire II book. This course will be taught by Wendell Joost at Sanborn Shooters. \$100.

**Defensive Shotgun II.** A one-day class focusing on practical applications of the techniques learned in Shotgun I, with emphasis on high speed/high stress shooting against reactive targets on the move and from cover. This course will be taught by Wendell Joost at Sanborn Shooters. \$100.

Our complete curriculum, including course descriptions for classes not offered during the summer/fall 2001 period, can be found online.

## ABOUT OUR INSTRUCTORS

**Karl Rehn** is an NRA Training Counselor, NRA and IPSC Chief Range Safety Officer, Texas CHL instructor, and Simunition certified instructor. He has Master rankings in both Limited and Open class from USPSA, and has trained with many schools, including InSights, Thunder Ranch, Lethal Force Institute (Ayoob), as well as top competitors such as Ron Avery, Ted Bonnet, and Kay Clark-Miculek.

**Penny Riggs** is an NRA Training Counselor, NRA and IPSC Chief Range Safety Officer, NRA Refuse To Be A Victim instructor, and Texas CHL instructor. She is an active practical shooting competitor at the state and national level, and the 2000 Texas Steel Challenge women's champion. She has also trained with Thunder Ranch, InSights Training, Tactical Defense Institute, Kay Clark-Miculek, and others.

**Tom Schaefer** retired after 26 years with the Austin Police as a detective, patrol officer, and academy instructor. He has degrees in both psychology and criminal justice, and is a Texas CHL instructor and NRA Certified Instructor.

**Michael McMillan** is an Austin SWAT team member. He has attended courses at Gunsite, Combative Concepts, and has extensive experience in tactical rifle, building search, low light confrontations, and team tactics.

**William Quiles** is an NRA Certified Pistol, Rifle, Personal Protection, and Home Firearms Safety Instructor and has a 1st Dan Black Belt in Tae Kwon Do.

**John Kochan** is an NRA Home Firearm Safety, Pistol, Personal Protection, Rifle, Reloading and Refuse To Be A Victim Instructor, NRA and IPSC Range Officer, and graduate of courses from InSights and KR Training. He is an active IPSC Limited class competitor and certified EMT.

Additional information about all our instructors, including those not listed above, can be found on the KR Training web site.

## ADJUNCT INSTRUCTORS

**Greg Hamilton** is the Chief Instructor for InSights Training of Seattle, and an Adjunct Instructor with Gunsite. A former Army Ranger, he has taught for John Shaw's Mid-Institute of Self-Defense Shooting and John Farnam's Defense Training International. He has trained with Jeff Cooper, Massad Ayoob, Clint Smith, Louis Awerbuck and others. Greg's current military assignment is as a reserve Instructor at the J.F.K. Special Warfare Center's Anti-Terrorism Branch. Greg was the fourth place finisher at the 1996 and 1997 National Tactical Invitational and won in 1998.

**John Holschen** is the Senior Combatives Instructor for InSights, and has attended multiple course from InSights, Defense Training International, and Lethal Force Institute. He has over twenty years experience in Martial Arts, has black belts in several styles, and is an Armed Forces Martial Arts Association Instructor. John served as the Senior Hand to Hand Combat Instructor and Master Instructor for 1<sup>st</sup> Special Forces Group. John was the first place finisher at the 1996 National Tactical Invitational. He is currently an Instructor at the J.F.K. Special Warfare Center at Ft. Bragg N.C.

**Wendell Joost** is an NRA Training Counselor Trainer, and NRA and IPSC Chief Range Officer. He was certified by Massad Ayoob as a Stressfire Pistol and Shotgun instructor and has trained with Firearms Academy of Seattle, Lethal Force Institute, InSights, Jim Cirillo, and others.

**Gabriel Suarez** is a law enforcement training officer with the Los Angeles Sheriff's Department, and author of the Tactical Pistol, Tactical Rifle, Tactical Shotgun, and Tactical Advantage books. He is a graduate of many courses at Gunsite taught by Jeff Cooper, and has attended numerous law enforcement training courses, including the LASD SWAT School, FBI Sniper School, and USMC CQB Training for SWAT. Gabe has also trained extensively in several unarmed, and contact weapon martial art systems, eventually earning several Black Belt degrees.

## ENROLLMENT INFORMATION

To enroll in a KR Training class: fill out this application form and mail it to us at: PO Box 9644, Austin, TX 78766-9644. You may also call us at 512-453-5532, email us at [info@krtraining.com](mailto:info@krtraining.com), use the online form, or fax us at 512-377-5147 with your information. You will receive confirmation and required information upon payment or deposit. The minimum deposit is half tuition. Payment in full is required on or before class day.

Cancellation policy: if we cancel a class due to inclement weather or lack of a minimum number of students, full refunds will be available for those students who cannot attend the rescheduled class. Classes offered by traveling adjunct instructors typically cannot be rescheduled, so we will make every effort to conduct class even if the weather is less than ideal. Deposits paid to KR Training are non-refundable. If you pay a deposit and cannot attend that class, KR Training will transfer that deposit to any other KR Training course.

Traveling from out of the Central Texas area? We can assist you with finding lodging. Sanborn Shooters' bed and breakfast cabin sleeps 4 and is usually reserved for students during KR Training class weekends. There are also new hotels in the Bastrop area.

### ENROLLMENT FORM

Course & Date: \_\_\_\_\_

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_ Fax/Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Tuition Enclosed: \_\_\_\_\_

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